

# Curriculum Vitae

**Er. Patil Rajesh Ichchharam**



Date of Birth : September 03, 1969

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## Educational Qualification:

### Yoga:

Sr. No.	Qualification	Year	Institute	Subject	% Marks obtained /CGPA
01	Yog Pravesh	2015	Yog Vidya Gurukul Nashik	Yoga	Distinction
02	Yog Parichay	2015	Yog Vidya Gurukul Nashik	Yoga	73.33 Distinction
03	Certificate Course in Yogic Foundation	2015	North Maharashtra University, Jalgaon	Yoga	A Grade
03	DYT (Diploma in Yoga Teacher)	2015	Yashwantrao Chavan Maharashtra Open University, Nashik	Yoga	76.71
04	M.A. (Yogic Science) (University Topper)	APR. 2020	K.B.C. North Maharashtra University, Jalgaon	Yoga	88.31 "O" Grade
05	NET	NOV. 2020	University Grant Commission (UGC)	Yoga	Qualified

### Professional:

Sr. No.	Examination Passed	Year of Passing	Board / University	Subject taken
01	D.C.E. (Diploma in Civil Engineering)	1987	Board of Tech. Exam. M.S.	Civil Engineering
02	A.M.I.E. (B.E. equivalent) (Civil)	1990	The Institution of Engineers (India)	Civil Engineering
03	L.G.S. (Degree in Local self Govt.)	1996	All India Institute of Local Self Govt. Mumbai	Local Self Government
04	Chartered Engineer	2006	The Institution of Engineers (India)	Civil Engineering

### Background, Present Post & Working Place:

1. Working as **Head, Department of Yoga Science** (previously Yoga Guidance Centre) in Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon since June 2017.
2. Working as **University Dy. Engineer** (Residential Post, **Asst. Residential Engineer**) in Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon since June 1998.
3. Total experience of **8 Years** in **Municipal Corporation of Greater Mumbai** as a **Jr. Engineer (Civil)**.

### Scholarships / Selections / Awards / Appreciation:

Sr. No.	Scholarship	Year	Body	Merit
1	Middle School Scholarship	1977	Govt. Examination Board Maharashtra	Stood 1 <sup>st</sup> in Tehsil
2	High School Scholarship	1980	Govt. Examination Board Maharashtra	Stood 1 <sup>st</sup> in Tehsil
3	Vidyan Manch (Proficiency in Mathematics & Science)	1981 1982	State Science Education Institute, Maharashtra State	-----
4	National Merit Scholarship	1983	Directorate of Education Maharashtra	-----

## Participations in National, International Conferences:

1. Participated in National Yoga Conference on ‘**Yogshastra Sangamam**’ from 09 - 11 January 2020 at Vivekanand Rock Memorial & Dept of Yoga Studies, Central University of Kerala.
2. Participated in one day State level Workshop on “**Research Methodology**” on 31 January 2019 at KBC North Maharashtra University, Jalgaon MS.
3. Participated in “Right to Information Act 2005. Workshop on 18/02/2014 conducted jointly by Uttar Maharashtra Vidyapith, Jalgaon & Yashada, Pune.
4. Participated in All India Conference from 08<sup>th</sup> to 12<sup>th</sup> oct. 2015 at Shantivan Abu Road (Rajasthan) by Scientists & Engineer Vishwa Vidyalaya Mount Abu (Rajasthan).
5. Participated in National Yoga Conference on ‘**Consciousness in Buddhism**’ on 5<sup>th</sup> March 2019 at Buddhist Study and Research Centre, K.B.C. N. M. University, Jalgaon.
6. Participated in 9<sup>th</sup> International Conference on ‘**Yoga as Therapy**’ from 27 - 30 December 2018 at Kaivalya Dham Yoga Institute, Lonavala.
7. Participated in 7<sup>th</sup> National Yoga Conference on ‘**Yoga and Research**’ from 23 - 25 December 2016 at Yog Vidya Gurukul, Nasik.
8. Participated in 8<sup>th</sup> International Yoga Conference on ‘**Yoga & Education: Principles and Practice**’ from 27 - 30 December 2015 at Kaivalya Dham Yoga Institute, Lonavala.
9. International Multidisciplinary Conference on “**Recent Trends in Humanities, Commerce & Management and Sciences & Technology.**” Paper presentation on “Effect of Bhujangasana on Menstrual Problem among Adolescent Girls.”
10. National Conference on Yoga “**Yog Darshan 2024**” at Yashwantrao Chavan Maharashtra Open University, Nashik in August 2024.

## Exam works Squads / Committees / External / SET exam:

- Member, Board of Studies (Yoga Studies).
- Nominated as member by NMU to conduct written quiz for BSNL connecting youth campaign.
- Member of the Flying Squad for Examinations conducted by NMU.
- CBCS Course Co-Ordinator (Practicing Yoga).
- LIC Committee Member for affiliation of B.Voc. Degree / Diploma.
- Dy. Superintendent (SET Exam).
- Superintendent (SET Exam).
- Paper Setting.

## Research Papers: Published

1. Chaudhary Leena, Patil Rajesh, Sheikh Dr Tabassum: **Impact of Anuloma-Vilom Pranayama on Mental Health among Adolescent Girls in Menstrual Problems using Ayurveda Perspective,** RESEARCH JOURNEY', Issue – 219A: Recent Trends in Humanities, Commerce & Management and Science & Technology, E-ISSN: 2378-7143, April:2022, page no-75-79.
2. Chaudhary Leena, Patil Rajesh, Sheikh Dr Tabassum: **Effect of Bhujangasana in Menstrual Problems among Adolescent Girls,** AYUSHI INTERNATIONAL INTERDISCIPLINARY RESEARCH JOURNAL, Issue – 9, ISSN: 2349-638X, July: 2022, page no- 21-26.
3. Presented a poster presentation on **“Yogic Atindriy Body and Modern Physiology: A Comparative Study,”** at Avishkar K.B.C.N.M.U. Jalgaon in November 2022.
4. Patil M, Chaudhari L, Patil R I, **Impact of Pranayama's on Pulmonary Function Test: A Comparative Study,** Bio Gecko, vol 12, 2023, 3446-3460.
5. Er. Rajesh Ichchharam Patil, Dr. Leena Manish Chaudhary, published in conference proceeding book and presented a research paper on **Human Body according to Yoga and Modern Physiology: Comparative Study** in 10<sup>th</sup> International Conference scientific exploration of yoga at Haridwar in May 2024. p.p. 198 to 199.
6. Er. Rajesh Ichchharam Patil, Dr. Leena Manish Chaudhary, Abstract published in conference proceeding book and presented a research paper on **Concept of Human Body according to Yoga and Ayurveda** in National Conference on Yoga **“Yog Darshan 2024”** at Yashwantrao Chavan Maharashtra Open University, Nashik in August 2024. p.31.

## Webinars / Workshop / Conclave (International / National):

Attended **46** no of **webinar, workshops of National / International importance.**

## Professional Membership:

- Yoga Professional Member of Indian Yoga Association
- Member of The Institution of Engineers (India)

## Committees:

- Member On Various Committees on Administrative Issues,
- Invitee Member of RUSA (Rashtriya Uchchatar Shiksha Abhiyan)
- Member of Organizing committee of workshop on “Indian patenting & Filing Procedures.”
- Member on Covid-19 Committee (**Since April 2020**)

## Key Role:

### At Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon

- To establish **Yoga Guidance Centre (21 June 2017)** as founder Head of the Yoga Guidance Center.
- To establish **Department of Yoga Science (21 June 2023)** as founder Head of the Department of Yoga Science.
- To establish & run **VC Bungalow (1998)**.
- To establish, run & frame rules for **Guest House (1998)**.
- To establish, run & frame rules for **University Quarter (1998)**.
- To establish, run & frame rules for **Senate Hall (2002)**.
- To establish, run & frame rules for **Shopping Complex (2002)**.
- To establish, run & frame rules for **Tea Stall (2002)**.
- To establish, run & frame rules for **University Cafeteria (2002)**.
- To establish, run & frame rules for **Shikshak Bhavan (2006)**.
- To establish, run & frame rules for **Convocation Hall (2012)**.
- To establish, run & frame rules for **Zonal Cafeteria (2019)**.
- To establish & keep records of **centralized furniture** of the university.

## **Responsibilities as University Dy. Engineer + Estate officer + Asst.**

### **Residential Engineer:**

- **VC Bungalow**
- **Guest House:**
- **Shikshak Bhavan:**
- **Senate Hall:**
- **Communication:**

Telephone Landlines EPABX, Landline, Mobile, Broadband through landline.

- **Furniture:**
- **Quarters (168 Nos):**
- **Shopping Complex:**
- **University Canteen:**
- **Tea Stalls in campus:**
- **Estate Income:**
- **Art section:**
- **Accommodation & Programs:**
- **Convocation Hall:**
- **Minor maintenance work:**
- **Land:**
- **Emergency Service:**

To work as an Assistant Residential Engineer to look after all the emergency Services of the University viz. Water supply, Electricity, Guest House, Security, Vehicles etc. after & before office hours.